

荃灣官立中學 SCHO

Tsuen Wan Government Secondary School

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Principal's Message

Acts out of Feeling vs Acts Based on Thinking

An incident occurred in Hangzhou last November can teach us an important lesson.

U.C.L.A. suspended 3 basketball players, Cody RILEY, LiAngelo BALL and Jalen HILL, for shoplifting in China. After they were freed and returned home, the 3 players admitted their mistakes in a news conference:

"I'm sorry for shoplifting. What I did was stupid. There's just no other way to put it, and I'm not that type of person." (Jalen HILL)

"I'd like to start off by saying sorry for stealing from the stores in China. I didn't exercise my best judgment." (LiAngelo BALL)

Their coach echoed their reflection.

"These are good young men who exercised an inexcusable lapse of judgment," quoted Steve ALFORD, the three players' coach. Mr ALFORD continued, "These young men are going to have to prove their words and actions that this isn't who they are."

I truly believe that the 3 young players are good people. Their deed was done neither out of greed nor need and not to say of having any evil intent. They did not have good judgment or as what Mr ALFORD had said, their judgment had lapsed. Most probably, they just acted according to their impulsive feelings. Might it be fun or something else? They could have seen it as a mere playful act. Or perhaps it gave them some sort of feeling of excitement.

Acting out of feelings without thorough thinking may ruin one's future or even one's life. The UCLA basketball players were very lucky this time. They were detained a few days and fined US\$2200 before they were freed while shoplifting in China may mean 10 years in jail. The Virginia student sentenced to 15 years of hard labour by North Korea in 2016 ended up in an even greater tragedy which none of us would not feel sad.

We should also note that one's act is not really a pure personal matter.

It has inseparable impacts on one's family, friends and more.

"I want to start off by saying how embarrassed and ashamed I am for disappointing my family, my teammates, my coaches and the entire UCLA community," said Mr RILEY. "I know that this goes beyond me letting my school down, but I let the entire country down."



My dear TWGSS students, you are smart and diligent. And you all possess the potential to

have high achievements in various frontiers. However, we have to admit that we have our own weaknesses. Sometimes we may do things wrong based purely on feelings instead of thinking of how it will hurt not only ourselves but our family and beloved ones. Please don't take me wrong. Feelings are important to mankind. It could be LOVE, JOY, TRUST… Have you watched the film Inside Out (Chinese title in Hong Kong: 玩轉 腦朋友)? Even the feelings of sadness and anger have positive roles to play when they are recognized and wisely managed.

On the long and winding road of life, there will certainly be crossroads, hurdles and enticements in which we have to make our choices. What we need to do is to make rational and reasonable decisions balancing feelings and a critical mind. In doing so, we will be able to face the many challenges and pitfalls in front of us and embrace a great life.

Sources of information:

https://www.nytimes.com/2017/11/15/sports/ucla-liangeloball-suspended.html

https://www.npr.org/sections/thetwo-way/2017/11/15/564432043/ ucla-basketball-players-admit-to-shoplifting-in-china-aresuspended-from-team

http://www.bbc.com/news/world-us-canada-42002009

First Staff Development Day

As the prevalence and severity of mental illness in Hong Kong students is increasing, promoting students' mental health becomes a critical component of improving school climate, safety and learning. Therefore, our school invited Ms LI Wing-yan, Michelle, Educational Psychologist, to hold a thematic talk and workshops on "Teachers' Role in promoting students' Mental Health", and "Crisis Management Training" at First Staff Development Day on 23 October 2017.

In the thematic talk, Ms LI shared her extensive experience in dealing with students with mental problems and disorders. She explained the techniques and support needed to identify students early on with, or at risk of, mental illness.

In the workshops, she provided our school teachers and staff with the best practices for dealing with teen suicide and other school crises related to mental health. Teachers also rehearsed responding to the crisis plan by developing simulated scenarios to use as a drill.

Teachers were attentive and eagerly participated in the group discussions. Their thorough participation made the day a precious and fruitful one.





Visit to Tai Sang Wai

On 2 November 2017, the Environmental Education Team organized an outing activity. Twenty-two students and teachers visited Tai Sang Wai to learn more about the development history of this area as well as the conservation of fish ponds and its significance. Tai Sang Wai was a wetland and it was later changed into fish ponds to support the living of people. Our students had a chance to talk to the fishermen and learned more about their lives, and how urban encroachment changed the land use of the area. The fishermen also showed our students how to use traditional methods to rear and catch fish in the ponds. Through this visit, our students had a deeper understanding about the operation and importance of fish ponds and wetland ecology. In order to share this invaluable experience with other students, two representatives of the Team also gave a presentation during the school assembly, delivering the message of the importance of environmental conservation to their fellow schoolmates.

Geography Field Thips

Geography field trips have been valued as an integral part of the curriculum as students were given the opportunity to learn from "Nature" and apply what they learned inside classroom to the "Real World". In the first term, a total of 3 field trips were organized including excursions to To Tau Bay in Wu Kai Sha, Tai Kong Po in Kam Tin and the Bride's Pool in Tai Mei Tuk. Diversified topics in Geography were covered which ranged from the study of urban encroachment in rural and suburban areas to the investigation of natural coastal and fluvial landscapes. To enhance the skills in conducting fieldwork, our school also joined the 2-day Residential

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Geography Field Studies Course for DSE Geography Students organized by the Ho Koon Nature Education cum Astronomical Centre from 11 to 12 September 2017. Generally speaking, students' perception of field trips was overwhelmingly positive. They were excited to take part in every fieldwork, and eager to collect data, gather information and develop field enquiry skills. Their findings, elaborations and conclusions in the field trip reports were fruitful learning outcomes to demonstrate how they benefited from the fieldwork.





National Defense Education E

One S4 and seven S5 students joined the "National Defense Education Experience Camp" organized by the Education Bureau with aims of developing students' self-discipline, perseverance and team spirit, strengthening students' understanding of national defense on the Mainland, as well as enhancing their life skills and developing future career planning.

Book Exhibitions

Looking for good books to read? The Book Exhibitions of different KLAs are being held every month. Students and teachers are all invited to join them.

A deep selection of easy and leveled readers, latest best sellers, Science books, books on Arts and Design and Chinese Literature were recommended and displayed in the book exhibitions held by School Library, Technology KLA, Science KLA and Chinese Department in the first term.

Teachers are sharing the best books to read in various categories. Students can be sure that each book is fantastic and will be worth their time. We hope that the carefully chosen books can become pathways to help students become readers who love to read and willingly expand their interests.



Singapore-Hong Kong Exchange Programme





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The Second Leg was held in Hong Kong, from 4 to 11 November 2017. Local school immersion and centralised visits to different organisations and attractions, like the Peak, Madame Tussauds and Hong Kong Disneyland provided students with opportunities to experience the similarities and differences in the two cosmopolitan cities. As they deepened their understanding of local contexts and experienced cultural diversity, students learnt to appreciate the value of friendship and the importance of networking in this globalised world.

All the Singaporean and Hong Kong students found this programme fruitful and educational. The experience of the exchange programme allowed students and teachers to develop new perspectives on education, culture and local and global issues. The opportunity to reflect upon and be engaged in conversations from these experiences inspired both students and teachers in coming together as one community with a common learning experience.

S5 Community Service

"Serving is more grateful than receiving" – our S5 students, led by class teachers and social workers, were privileged to experience the virtue of this traditional saying by participating in community services in early December.

Firstly, one group paid home visits to the elderly: the elderly appreciated the warm chats with the students, especially during the time they shared their life experiences and meaningful stories to the young generation. A second group experienced a lot during their time at an elderly centre, where they organized a series of activities, including sharing sessions and games. Small gifts were given to the elderly for their active participation in the activities. Interestingly, our third group reached out to the other end of the age spectrum, and spent an afternoon interacting and offering joy to kids in a kindergarten by conducting plays and games. The laughter of the little sweeties showed that students' efforts were well-received.

Through these voluntary services, our students experienced valuable moments and interactions with the recipients, paving the path towards our goal to build a culture to care and love the community, in particular to the needy.



xperience Camp

The 5-day camp was held in Zhongshan National Defense Education Base from 19 to 23 December 2017. All participants were enthusiastic and active in joining the activities. Our students won the Best Military Training Unit Award. Their vigorous participation made it a precious and fruitful experience.

Connections with Parents and Alumni

PTA 23rd Annual General Meeting

The PTA AGM was held on 13 October 2017. A total of 169 participants attended the event. That evening parents discussed and communicated with teachers about their children's performance in school to promote home-school cooperation. The "Healthy School Programme" briefing session was arranged for the attendees. Afterwards, the AGM started. The Chairperson, Ms CHENG Cheuk-kwan, delivered the 22nd PTA Annual Report and the Treasurer, Dr CHIU Wa-keung, delivered the 22nd PTA Financial Report. Then, the Chairperson presented certificates to parent volunteer representatives, and our Principal, Ms TANG, presented souvenirs to the outgoing PTA Committee Members. The programme was followed by the election of PTA Executive Committee. The candidates were Mr CHAN Tak-chuen, Ms SUN You-fang, Mr CHEUNG Hau-bing, Patrick and Dr CHIU Wa-keung. Since the number of vacancies in Executive Committee was the same as the number of candidates, no vote was required. All candidates were elected unanimously. In the SMC Parent Member Election, Mr LAU Sai-cheong was elected unanimously.





Used School Uniforms Recycling Campaign

In order to raise students' awareness of environmental protection, the Parents-Teachers' Association and Environmental Education Team jointly organised a "Used School Uniforms Recycling Campaign" during lunchtime and after school from 16 - 21 November 2017 at covered playground. In the campaign, our parent volunteers and student helpers collected 222 pieces of used uniforms and redistributed 145 of them to needy students. With the assistance of our parent volunteers, the event was successfully held.

PTA Christmas Party

The Christmas Party was held on 15 December 2017. A total of 297 participants including parents, teaching staff and students joined the party. The programmes were mass games, a dinner buffet and a lucky draw. Most participants actively participated in the games. The party ended with lots of joy and all participants had great fun.

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Alumni Sports Day

The Alumni Sports Day saw enthusiastic participation with over 600 participants. The results were as follows:

(Evergreen) Classes of 1969, 1971 & 1979 Joint Team (Advanced Bowl) Class of 1997 Football (Advanced Shield) Class of 1998 Team B (Open Bowl) Class of 2005 (Open Shield) Class of 2013 Class of 1993 Table-tennis (Male) Class of 2013 Badminton (Female) Class of 1978 (Mixed) Class of 2013 (Advanced) Classes of 1983 & 1985 Joint Team Basketball (Open) Class of 2014 С

Event	Champion
/olleyball	Class of 2015
Tennis	(Male) Class of 1987 (Female) Class of 1981 (Male Double) Classes of 1977 & 1979 Joint Team (Mixed) Classes of 1977 & 1981 Joint Team
Bowling	(Team) Class of 2002 (Individual) Class of 2002 (Male Single Match) Class of 2002 (Female Single Match) Class of 2004
Overall hampion	Class of 1985

Some returning alumni brought their spouse and kids to the campus to cheer and join the kids' kitchen. This annual reunion occasion reconnected graduates with their alma mater and let them reacquaint themselves with classmates, schoolmates and friends.



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TWGSS Careers Expo 2017 started with an inspiring speech on career planning given by the Guest of Honour, Mr LEUNG Wing-mo, an alumnus of Class 1968. Afterwards, Mr KWOK Ming-cheung, an alumnus from Class 1966, also addressed the audience and encouraged the students to pursue their dreams. In the Mentorship Session that followed, 36 alumni volunteer mentors held a meeting with their charges, S4 to S6 students. After the Mentorship Session, there were two Alumni Sharing Sessions, during which 46 alumni from different professions (including medicine, dentistry, nursing, radiography, pharmacy, Chinese medicine, surveying, property management, civil service, advertising, marketing, public relations, finance, human resources management, banking, accounting, law, education, information technology, engineering, film and TV production, journalism, social work, environmental protection, aviation and catering), shared their experience of work with S4 to S6 students. The sharing sessions were wellreceived and our students got an inside look at the professions they are interested in, as well as practical tips on how to prepare themselves for future career challenges.

Major School Functions

Healthy School Programme and `Joyful @ School' Programme

Our school joined the Healthy School Programme and 'Joyful @ School' Programme to promote positive values and a healthy lifestyle to develop students' resilience to deal with adversities. Social workers and the Friends of Scouting instructors arranged a series of school-based activities for students.

Talks on 'Positive Thinking Lifestyle' and 'Love Myself & Love Others' fostered positive attitudes among students. Cooperative Adventure Games were arranged for S1 to S3 classes to inspire genuine cooperation. 'Positive Life' Camp and after-school workshops impart mental health knowledge to S1-S2 students and formed bonds between them and S3 Sunshine Ambassadors. The Ambassadors' leadership skills were also sharpened in Joint school Volunteer Training Camp. Moreover, an 'Adaptation to S4 School Life' Workshop was held to help needy students adapt to change and overcome problems encountered in senior forms.





The Students' Association Forum was held on 15 September 2017. The Chairperson and Vice-chairpersons of the 2 proposed cabinets, 'Polaris' and 'Meraki', presented their platforms to the whole school. The debate between the proposed cabinets and the Q&A session allowed the school to know more about their platforms and year plan.

The 44th Students' Association Election Voting Day was held on 19 September 2017. 'Meraki' obtained a majority vote of 579 and was the Students' Association-elect. With pride and care, Meraki started to serve, communicate and support all students at TWGSS after the inauguration on 22 September 2017.

This "One Student One Vote" election together with the high voting rate of 97.5% realized the dream of all democratic societies. Let's pursue our dreams together with this newly elected team – 'Meraki'!

Inter-house Drama Competition

21 December was a big day at TWGSS. Every student was excited because of the Inter-house Drama Competition. This year, the themes were Gratitude, Aspiration, Teamwork, Acceptance and Faith. The dramas 'Enantiomer' from Bamboo House, 'Nefelibata' from Camphor House, 'Dominoes' from Pine House and 'The Best Thing There Is' from Plum House were all brilliant. Their performances on the stage showed the audience how much effort they had made to prepare for their play. Students showed their acting skills, passion and dedication in the competition. Their performances kept the audience spellbound. When the award winners were announced, the

participating students wept tears of joy.

Camphor House was the Overall Champion of the drama competition. Pine House was awarded the Best Production Team. 5A Greta CHEUNG, 5B Veronica LI and 5D Angie HO from Camphor House were awarded the Best Directors. Camphor House received the Best Script Award while Plum House was awarded the Best Sound & Lighting Effect Award. 4B Ethan CHAN and 5A Greta CHEUNG were awarded the Best Actor and Best Actress Awards.









Swimming Gala

The TWGSS 47th Swimming Gala was held on 29 September 2017 at Tsing Yi Swimming Pool. The event started with the procession of the athletes and the flag-raising ceremony. There were 238 entries this year and 2 new records were set. 6D WAN Cho-hei broke 2 new records: Boys Grade A 50M Backstroke and Boys Open 50M Butterfly. Also, we were pleased to have 4 parents and 8 alumni relay participants and 54 parent volunteers. In the end, we were honoured to have Mr MA Wing-ki, Class of 1986, one of the donors of Scholarships for Elite Athletes of the Year, as our Guest of Honour. He presented the prizes to our winners and delivered a meaningful speech.

Annual Speech Day

The 52nd Annual Speech Day was held on 25 November 2017. The programme started with the Principal's Report in which she lauded the various accomplishments and triumphs of students. The Guest of Honour, Dr LI Yim-ming, our 1975 alumna congratulated all the graduates and on their success in 2016-2017. Awards and scholarships to S1-6 students for their achievements. In her Dr LI encouraged students to have a dream and follow it. The Speech Day ended with students performances showcasing their talents in the Chinese Orchestra, Chinese Dance, Chinese

Dialogue Duet, String Quartet and Choir. Then, to crown the occasion, a tea party filled the campus with the sounds of satisfied munching and joy.

Tsuen Wan Government Secondary Schoo



prize recipients

were presented

address.

P6 Talk and Open Day

To give prospective students and parents the opportunity to truly experience life at TWGSS, the P6 Talk and Open Day was held on 9 December 2017. We had a spectacular turnout of around 1000 visitors.

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One of the highlights was the Performance Session in the school hall. The video "TWGSS in Action" was shown, showcasing different students' activities and achievements. Dazzling performances including the Symphonic Band, a Chinese Dance, an English Speech and the Choir showed that our students are multi-talented. The S1 Students' Sharing Session was a true reflection of life as TWGSS freshmen.

Our Principal delivered a speech in the Admission Talk for Parents, narrating what makes our learning environment so unique.

Apart from performances and talks, the little guests and their parents could join the "Tour Around Campus" led by the prefects to explore the vast array of facilities, or take part in the stall games and STEM activities in the covered playground, after which they could bring home TWGSS collectables from the Prize Collection booth. The day ended off with lots of fun and laughter around the campus.