



Principal's Message

Beauty and the Beast and ...

Surely you must have heard of the fairy tale 'Beauty and the Beast,' maybe from the Disney cartoon, the Broadway musical, the live-action film or even video games.

I have watched two Disney productions: the cartoon (1991) and the live-action film (2017). While the cartoon is equally entertaining, I find the live-action film has made a number of meaningful changes. I would like to share with you here one of those changes – the importance of **READING**.

In both Disney productions, Belle is a beautiful young lady who loves to read. Being a book lover makes Belle a very unique person in the small village where she lives. In the live-action film, Belle is shown as an inventor. Exhibiting the knowledge she has learned through reading books, she makes a kind of washing machine using barrels driven by mules to do the laundry. Unfortunately, the invention is torn apart by the simple village people who are not yet ready to accept new things and novel ideas. Like Belle, reading good books help develop our knowledge, imagination and creativity. There is a vast unknown world out there for us to explore. By reading good books, we are able to travel deep into the brilliant minds of the masters: scientists, great thinkers, artists and history makers. By reading good literature and novels, we are able to have a taste of humanity, learn some history and geography, or simply enjoy some good stories skilfully told and plots expertly devised.

Another interesting aspect to me is the love story portrayed in the live-action film. It is more convincing and inspiring to me than

the one in the cartoon. Again, the reason lies behind the simple word **READING**.

In the live-action film, **READING** plays a very important role in nurturing love between the Beast and Belle. In the cartoon, Belle is depicted as a nanny teaching the Beast table manners. The Beast offers Belle a huge library full of books to read on her own and the Beast seems like a little boy listening to bedtime stories. However, in the live-action film, the Beast is knowledgeable and becomes Belle's reading companion. It is not the bravery and kindness he shows her as time passes in the castle that begins to draw Belle to the Beast. It is the enjoyable intimate reading moments and precious sharing on books they read together which really makes him her prince charming – for Belle is a genuine book lover. As seen through this story, **READING** can change lives.

Our school has recently renovated the school library. Our library is currently inviting your recommendations of new books. Do give your suggestions and help make the library your library. We trust that, besides being a resource centre, the library with its new setting will make it one of your favourite comfortable learning commons. Do be a frequent library-goer. Pick a book. Take a seat. Have some enjoyable moments. We hope the library will be a place for you to study as well as a place of fun and fond memories.



Disney

Staff Development

Talk on Mental Health

Mental health issues affect a significant portion of Hong Kong students and can result in debilitating and life-threatening outcomes. Therefore, our school invited Ms LI Wing-yan, Michelle, Educational Psychologist, to hold a thematic talk on "Mental Health" for teachers on 24 August 2018 for early identification and intervention of students with SEN.

In the talk, Ms LI introduced the common mental health challenges for youth, enlightened teachers the whole school approach in helping students with behavioral, emotional and social needs. She also shared her extensive experience in supporting students with mental health needs.

Teachers were attentive and eagerly joined the group discussions. Their thorough participation made the day a precious and rewarding one.

Note-making Skills Workshop (QSIP)

Note-making promotes active-learning and enhances academic success. To sharpen teachers' skills in nurturing students' note-making habits and techniques, our school invited Ms WU Chui-shan, Tracy, School Development Officer from Quality School Improvement Team from CUHK, to hold a workshop for teachers on 5 September 2018.

In the workshop, Ms WU introduced many techniques which were effective for teaching note-making. For example, open-note quizzes can be arranged to motivate students to make their own notes and grind their skills in making effective notes. Teachers could also develop a habit of identifying the key concepts in every lesson for students to summarize in their notes. Other ways such as concept mapping and drawings were also introduced.

Teachers were interested in the ways they could work with students on developing better note-making skills. They participated eagerly in the activities and made the workshop a fruitful one.



1st Staff Development Day

Teaching is one of the most rewarding yet demanding professions. Thus, the need for teachers to have mindfulness practice is becoming crucial as a happy and mindful teacher is vital for creating positive learning environments.

The 1st Staff Development Day invited "The Friends of Scouting" to hold a teachers' workshop on mindfulness in Sai Kung Outdoor Training Camp. In the morning session, the instructors offered some simple and ready-to-use techniques to help teachers relax and manage stress. For example, body scan meditation, mindful walking, mindful eating and zentangle drawing allowed teachers to embody their own mindfulness practices that could show a change in their personal lives, creating personal space that allows for a richer life.

In the afternoon session, the teachers joined different team-building activities such as a cooking class and indoor archery class. Feedback from teachers was very positive.



Exhibition and Workshop - The Enchanting Brush



This art gallery was named after the renowned Chinese artist, Professor Chao Shao-an. In addition to Professor Chao's artworks, this gallery also featured newspaper clippings, sketches, manuscripts, seals, photos and video documentaries by and about the artist. His studio was re-created in a section of the gallery so that students could experience the mood and atmosphere in which the artist worked. After appreciating Professor Chao Shao-an's paintings, the instructor taught the students some basic techniques of Chinese painting and guided them to create works by themselves. Students enjoyed their time and were interested in the activities there. The excellent artworks they painted in the workshop also respoke the know-how they gained.



Visit to Zoroastrian Building

To enhance students' understanding about the minority culture and religion, and their contributions to the development of Hong Kong in the early colonial period, a visit to Zoroastrian Building in Causeway Bay was arranged for S2 students on 18 December 2018. Students visited the prayerhall and observed the ritual originated in ancient Persia by the priest. The priest also shared with students the history and famous people of Parsis.

Students showed great interest during the visit, as this was an authentic way to learn about a religion that they had never heard about before.



Visit to Hong Kong Science Museum

The visit was organised for all S1 students on 14 December, 2018. It aimed to supplement students' classroom learning about living things and arouse students' interest in science. First, the students enjoyed the hydrogen explosion and fireball blowing experiments demonstrated by Dr Crazy of Hong Kong Science Museum and a student volunteered to assist in performing the experiments. Then, they were separated into small groups and guided tours were arranged. After that, they visited different exhibition areas freely and gained some hands-on learning experience about popular science. All S1 students showed strong interest in the activities.



Young Astronaut Training Camp

The 'Young Astronaut Training Camp' was organised by the Hong Kong Space Museum. The event aimed to introduce key equipment and the latest space technology in China to 30 Hong Kong secondary students in order to raise their interests in astronomy. A Secondary 3 student, CHAN Wai-yiu had the honour to join in this camp. Here were his reflections:

In Beijing Space City, I experienced the daily training process of astronauts. I was amazed when I heard that 'astronauts run five kilometers every day just to warm up'! I tried on the 'in-flight spacesuit', which was for the astronauts' missions. That thick spacesuit was heavy on my body. It was a really novel experience!

During this training camp, the most unforgettable day for me was the day in Jiuquan. Jiuquan Satellite Launch Centre was the oldest and largest satellite launch centre and the only manned space launch site in China. We had the honour to visit Jiuquan Satellite Command Centre and Space Pavilion, as well as the Majestic Satellite Launch Tower there.

All in all, I think this experience really benefited me. It broadened my horizons and I learnt how to communicate with different people in a group. I am glad that I met some new friends on this trip! It was a very valuable experience and I will never forget it!



「秦漢唐盛世遺跡——古都西安」文化考察團

為了推廣中國歷史及文化，中史科及中文科合辦了「秦漢唐盛世遺跡——古都西安」文化考察團，於2018年11月12至16日帶領30名同學前往西安。同學分成五個學習小組，每組設一學習主題，如建築、壁畫、宗教等。同學將於下學期的「中國歷史及文化週」中貢獻是次考察所學，向全校同學推廣中國文化。

是次旅程囊括了西安最重要、最珍貴的文物，包括兵馬俑、漢景帝的漢陽陵、武則天的乾陵、有釋迦牟尼佛骨的法門寺、大明宮遺址博物館、大雁塔及古城牆等等。同學因為清早到達兵馬俑，因此能一睹兵馬俑的空曠全貌，實在難能可貴。此外，陝西歷史博物館也令人印象深刻，它的重要性與故宮不遑多讓，地庫的壁畫館更保存了大量唐朝壁畫，在領隊老師的講解下，讓同學明白這批珍貴文物的特質及價值。碑林博物館不但有聞名遐邇的古碑，其帝陵石刻也非常壯觀，而館前數株銀杏樹，更是令人驚艷的彩蛋。傍晚時分，同學在大紅燈籠高高掛的高家大院觀賞皮影戲，氣氛更是濃厚難忘！這次充實的旅程，不但令人期待同學即將匯報的學習成果，也為今年的「中國歷史及文化週」拉開序幕！



S5 Geography Field Camp

Field-based learning is essential for learning Geography. A total of 29 Secondary 5 Geography students participated in the "Residential Geography Field Studies Course for DSE Geography Students" organised by the Caritas Chan Chun Ha Field Studies Centre in October 2018. They studied agricultural land use in Mui Woo and coastal landforms in Tung Wan and Kwun Yam Wan in Cheung Chau. The field camp fully utilised the abundant natural resources, historical and cultural heritages in outlying islands, including organic farm, natural beach, sea cave, tors and declared monument. With this learning platform, students learned how to plan fieldwork, collect, process and analyse data, draw a valid conclusion, suggest ways for improvement and further studies. New knowledge and skills acquired through the field camp can help students to internalise Geographical concepts and apply them in real life. Moreover, attitude of environmental conservation and appreciation of local culture can also be cultivated.



CUHK Health Exhibition 2018 - Hong Kong Secondary School Health Exhibition Presentation Competition



The competition was organised by the Medical Society and The Student Union of The Chinese University of Hong Kong. It aimed to heighten the public awareness and knowledge of different health issues. The theme this year was cardiovascular diseases. Six S6 students formed a team and selected 'Cholesterol - Friend or Foe' as their research topic. Through the competition in the Screening Round and the Preliminary Round, the school team was selected as one of the 8 finalists in the Grand Final Round. In the Grand Final, all finalists presented their research findings to the general public in a shopping mall. With keen efforts and excellent performance, our team won the Championship. The adjudicator, Dr Randolph WONG commented, 'TWGSS team successfully presented the complicated information to the citizens in an easy-to-understand, comprehensive and interesting way. They successfully let the public understand more about health knowledge. Congratulations.'



Students' Whole-person Development

Service Learning

With the aim to broaden the life experience of students and cultivate their spirit of caring for serving the community, our school arranged S2 students to participate in different service learning activities. 2A students visited the tenants of subdivided flats to gain a deeper understanding and experience of the crowded living conditions faced by Hong Kong people today. 2B students visited the Elderly Centre to bring care and laughter to the elderly. They also learnt the skills in organising activities. 2C students provided health checks and promoted health information to the people living in Tsuen Wan District, whereas 2D students were given the chance to visit a local environmental protection agency and used some old clothing to make recycled products. It strengthened their awareness of environmental protection.

Through these activities, students enhanced their generic skills, such as collaboration and problem-solving skills, and developed their leadership. These activities also helped inculcate in our students the virtues of respecting and caring for others and enabled them to have a better understanding of different people and issues in society, so as to reflect on their own lives and enhance their sense of social touch.



S1 Training Camp

Our school arranged a training camp for all S1 students in October 2018. During the camp, S1 students were divided into eight groups and played team building games at the campsite under the guidance of the instructors from the Scout Association of Hong Kong - The Friends of Scouting and the accompanying Class Teachers. These activities helped students discover their potential, strength, and develop their self-management and goal-setting ability, etc. Moreover, these activities also enhanced class cohesion by strengthening the sense of belonging, creating a caring class culture and spirit and deepening their relationships. On the whole, students enjoyed the activities and cherished the time spent together with their peers.



Leadership Training Camp for Prefects

The Discipline Team organised a leadership training camp as part of the Healthy School Programme to help develop students' leadership, problem-solving, communication and stress management skills. 38 members of the Prefect Team attended the 2-day-1-night leadership training camp, which incorporated various adventurous activities including LEGO building tasks and orienteering. Participants were encouraged to observe each other's strengths and areas for improvement, show appreciation and give constructive feedback to their peers, and evaluate their own performance. The camp was successful in sharpening students' leadership skills and enabling them to achieve personal breakthroughs.



TWGSS Careers Expo

TWGSS Careers Expo 2018 started with an inspiring speech entitled 'Life is like a box of chocolates' given by the Guest of Honour, Ms LEUNG Ka-man, an alumna of Class 1986. In the Mentorship Session that followed, 32 alumni volunteer mentors held a meeting with their charges, S4 to S6 students. After the Mentorship Session, there were two Alumni Sharing Sessions, during which 34 alumni from different professions (including medicine, dentistry, nursing, physiotherapy, surveying, property management, civil service, advertising, marketing, finance, banking, accounting, law, education, information technology, engineering, journalism, social work, environmental protection, aviation and catering) shared their experiences of work with S4 to S6 students. The sharing sessions were well-received and our students got an inside look at the professions they are interested in, as well as practical tips on how to prepare themselves for future challenges.



Major School Functions

Swimming Gala

The TWGSS 48th Swimming Gala was successfully held on 27 September at Shing Mun Valley Swimming Pool. Ms CHENG Cheuk-kwan, Chairlady of the Parents-Teachers' Association, was our Guest of Honour. The event was officially started after the declaration made by our Principal - Ms TANG Suk-ching. There were 195 entries and six new records were set by the outstanding performance of students. The results were absolutely exceptional and the efforts by students were well-appreciated. The flow of event was smooth and flawless with great support by 16 parent volunteers as different official judges. At the latter part of the event, 6 alumni and 3 parents participated in the Alumni Relay and Parent-Child Relay. At last, the event ended with the prize presentation and a meaningful speech by our Guest of Honour.

Six new records were set by:

6C Lau Sai-yin	Boys Grade A 100M Breaststroke
2C CHAN Hon-yiu	Boys Grade C 100M Breaststroke
1D FAN Ho-ye	Boys Grade C 50M Freestyle, 100M Breaststroke and 200M Freestyle
1D CHENG Pui-yuen	Boys Grade C 200M Freestyle.



Inter-house Music Competition

Inter-house Music Competition, which was organised by the 4 houses and Music Department, was successfully held on 21 December, 2018. In total, there were seven categories in which students competed, namely Instrumental Class, Vocal Solo, Vocal Duet, Chinese Folk, Western Folk, Pop Song and House Choir. After the competition, games organised by the Students' Association were held. All the participants performed well and the audience enjoyed the competition very much. The adjudicators appreciated our house spirit and good leadership of the house captains. Besides, our students' voices were lovely and lyrical. Music techniques such as the control of tone, phrase articulations and dynamics were well trained. Collaboration between house members were strong. Congratulations to Plum House which won the overall championship.



Speech Day

The 53rd Annual Speech Day was held on 24 November 2018. The programme started with the Principal's Report in which she lauded the various achievements and successes of students. The Guest of Honour, Dr CHAU Ka-foon, JP, congratulated all the graduates and prize recipients on their success in 2017-2018. Awards and scholarships were presented to S1-6 students for their accomplishments. In her address, Dr CHAU encouraged students to have perseverant gratitude to help others. The Speech Day ended with students' performances showcasing their talents in Orchestra, Chinese Dance, Vocal Duet and Choir. Then, to crown the occasion, a tea party filled the campus with the sounds of satisfied munching and joy.



P6 Talk and Open Day

Over a thousand primary students and their parents flocked to our P6 Talk and Open Day on 8 December 2018 to catch a glimpse of life at TWGSS.

The event started in the School Hall with "TWGSS in Action", a video that showcased our fruitful year-round activities. Following the video were a series of splendid performances, which included Chinese Orchestra, Chinese Dance, Sign Language Song by the Red Cross and School Choir. There was also a sharing session by our S1 freshmen explaining to prospective students how they adapted to the secondary school life here. An Admission Talk was then given to parents by our Principal, narrating the distinctive features of our school and the admission procedure.

21 stall games, such as Bike Generator, Micro:bit and Origami, were set at the covered playground to entertain the little guests. Tours around the campus were arranged for them to explore the vast array of facilities. Many brought home TWGSS collectables from the Prize Redemption Booth at the end of the day.



Connections with Parents and Alumni

PTA Annual General Meeting

The PTA 24th AGM was held on 12 October 2018. That evening a meet-up session was arranged for parents to discuss with teachers about children's performance in school. After that, the AGM started. The Chairlady, Ms CHENG Cheuk-kwan, delivered the 23rd PTA Annual Report and the Treasurer, Dr CHIU Wa-keung, delivered the 23rd PTA Financial Report. The Chairlady also presented the certificates to parent volunteer representatives, and our Principal, Ms TANG, presented the souvenirs to the outgoing PTA Committee Members. The programme was followed by the Election of the 24th PTA Executive Committee. After the polling, Mr NGAI Hin-fai, Mr YU Cheung-chit, Ms CHENG Cheuk-kwan, Ms Ling Siu-mei and Ms LEUNG Ka-man would take up the two-year tenure while Ms CHAN Lai-ming and Mr LAU Sai-chong would take up the one-year tenure on the PTA Executive Committee. In the election of SMC Parent Member, Ms LEUNG Ka-man was elected uncontested.

第24屆家長教師會會員大會



荃灣官立中學
第24屆家長教師會會員大會



PTA Used School Uniforms Recycling Campaign

In order to arouse students' awareness of environmental protection, the Parents-Teachers' Association and the Environmental Education Team jointly organised a "Used School Uniforms Recycling Campaign" from 15 - 20 November 2018. Thanks to the concerted effort of our parent volunteers and student helpers as well as keen support from students, 136 pieces of used uniforms were collected and 65 of them were redistributed to the needy students.



PTA Christmas Party

The Christmas Party was held on 14 December 2018. A total of 268 participants including parents, teaching staff and students joined the party. The programme of the Christmas Party included mass games, dinner buffet and lucky draw. Most of the participants actively participated in the mass games and the party was ended with joy and fun.



TWGSS Alumni Sports Day

TWGSS Alumni Association organised Annual Alumni Sports Day every year since 2007. As before, this year's events were popular among graduates. There were teams from different years of graduation joining the event and over 700 alumni participated in the game.

Due to the large number of participants, several heats were arranged, and final events were held at our school, Tsuen Wan Government Primary School and Holy Cross Lutheran School on 22 September 2018.

There were lots of events in the Finals, like football, table-tennis, badminton, basketball, volleyball, etc. All alumni strived for their best to obtain a higher rank in the competitions. Some of them even brought their spouse and kids as their cheering team. The overall champion went to 1985 graduates.

We gathered our graduates on the Alumni Sports Day. They met their old friends and fully enjoyed the sports activities.

